

Have you got... The **S** factor?



Stiffness

Early morning joint stiffness lasting over 30 minutes

Swelling

Persistent swelling of one joint or more, especially hand joints

Squeezing

Squeezing the joints is painful in inflammatory arthritis



Endorsed by

PCR
PRIMARY CARE
RHEUMATOLOGY SOCIETY



Royal College of
General Practitioners

This could be inflammatory arthritis

See your doctor now!

Delay can cause long term disability

For further information see www.arthritisresearchuk.org

Arthritis
Research UK

Providing answers today and tomorrow

With recognition and special thanks to the
Rheumatology Futures Project Group